

2020-2021 INTERPROFESSIONAL MINDFULNESS

An eight-part virtual series for faculty, students, and staff on professional wellness.

Sept. 25
12-1 PM

INTRODUCTION TO MINDFULNESS

Oct. 23
12-1 PM

SOLO MINDFULNESS – BODY → BRAIN → BEHAVIOR

Nov. 13
12-1 PM

INTRODUCTION TO INTERPROFESSIONALISM

Dec. 4
12-1 PM

SOCIAL MINDFULNESS – BODY: CONNECTION

IPEC Competency: Values/Ethics for Interprofessional Practice

Jan. 29
12-1 PM

SOCIAL MINDFULNESS – BODY: CONNECTION

IPEC Competency: Roles/Responsibilities

Feb. 12
12-1 PM

SOCIAL MINDFULNESS – BRAIN: CONVERSATION

IPEC Competency: Interprofessional Communication

Mar. 12
12-1 PM

SOCIAL MINDFULNESS – BEHAVIOR: CULTURE

IPEC Competency: Teams and Teamwork

Apr. 23
12-1 PM

INTERPROFESSIONAL MINDFULNESS – BODY → BRAIN → BEHAVIOR

For [registration](https://ipe.ouhsc.edu) or additional information, visit ipe.ouhsc.edu.