

2021 Reproductive Health Symposium

BREAK-OUT SESSIONS

11am-12pm

- **Ethics and Reproductive Health-** In this session, we will discuss several reproductive clinical scenarios and explore the core values of Medical Ethics (Autonomy, Non-maleficence, Justice, Beneficence). This session will provide a foundation for attendees to evaluate the role of Provider choice as a potential barrier to care, as well as opportunities for ethical cooperation.
- **Sterilization-** During this session, we will hear the personal experience of a community member who struggled to find a Provider willing to sterilize her in her 20s and her complex history acting as her own medical advocate. We will provide context for her personal story with a few statistics across the US, as well as ACOG Sterilization Guidelines
- **Trans Patient Experience in Reproductive Health Panel-** As a reiteration of last year's Trans Experience Panel, panelists will continue the conversation around the unique encounters transgender patients have with healthcare providers. Panelists will discuss techniques providers can use to minimize discomfort and trauma associated with charged situations and sensitive exams.

12:30-1:30pm

- **Adolescent Reproductive Health-** This session will explore the many ways in which adolescents represent an underserved population when it comes to reproductive care. We will also discuss barriers to reproductive care in this specific population and special legal and ethical considerations for providers wanting to provide adolescent care.
- **Birth Control Counseling-** This session will educate attendees on the various contraception options available and provide guidance on how to discuss contraception with patients and counsel them appropriately on the best option for their individual needs.
- **Pelvic Floor Dysfunction-** This session will discuss the functions of the pelvic floor, how they may change during pregnancy, and how other common pelvic floor dysfunctions affect a patient's sexual and reproductive healthcare needs. This session will also explore the various social factors impacting patients who seek pelvic floor therapy and the role of physical therapists in a treatment team.

1:30-2:30pm

- **Reproductive Health in Legislation and the Courts-** To educate attendees on current legislation and court cases that involve abortion care, contraception access, LGBTQIA+ care, and other topics regarding reproductive health. We will also discuss ways students can advocate for equitable reproductive health care for their patients.
- **What to Expect When Your Patient is Expecting-** Providers will discuss the changes that take place to the body and mind during pregnancy including "can't miss" signs from a medical, dental, and PT discipline. It will also include a social worker's perspective about the barriers that exist for the pregnant population in gaining proper care.
- **Transfeminine Reproductive Health-** Patients and the public feel strongly about body alteration to fit gender expectations for trans individuals. These highly personal decisions involve deep ethical considerations that are rooted strongly in the historical practice of medicine.