# Selection of a Nebulizer for the Efficient Treatment of Tuberculosis Infected Mice with Aerosolized OHet72 Nanocrystals Alexa K. Beathard and Lucila Garcia-Contreras, Ph. D. Department of Pharmaceutical Sciences University of Oklahoma Health Sciences Center, Oklahoma City, OK



## INTRODUCTION

- Tuberculosis (TB) remains a worldwide health problem with 1.6 million deaths and 10.6 million infections in 2021. Patient compliance to available treatments is poor due to the long treatment times and severe side effects.<sup>1</sup>
- OHet72 (figure 1) is a novel compound with potent anti-TB activity and little to no side effects, but it has poor water solubility.
- Pulmonary administration of OHet72 nanocrystals (NCs) will deliver the drug to the main site of TB infection and will overcome the problem of solubility.<sup>2</sup>



- Administration of aerosols by nebulization offers several benefits, including the possibility of delivering large doses of drug directly to the lungs and it does not require patient breathing at maximum force or coordination of inhalation and aerosol generation.<sup>3</sup>
- The efficiency of commercially available nebulizers and the droplet size of the aerosol that they produce, are influenced by factors, such as: The make and model of the nebulizer as well as the volume and concentration of the drug.<sup>4</sup>
- In order to reach human alveoli droplet size must be under 5 µm and under 1 µm for mice. Thus, the droplet size of the emitted aerosol will determine the efficacy of the proposed treatment.<sup>4</sup>

### PURPOSE

•Determine the efficiency of different nebulizers to generate aerosols from OHet72 nanosuspensions to treat TB in a mouse model.

### METHODS

- Two air jet nebulizers (Hudson UP-DRAFT II<sup>®</sup> OPTI-NEB<sup>®</sup> and PARI LC STAR<sup>®</sup> nebulizer with a Vios Pro compressor) and the Aeroneb<sup>®</sup> Lab ultrasonic nebulizer were first evaluated using a model solution (sodium) fluorescein (**NaF**) 3 mg/mL in saline).
- The aerosol performance was assessed in terms of their mean mass aerodynamic diameter (MMAD), geometric standard deviation (GSD) and fine particle fraction (FPF) using a New Generation Impactor (NGI) at a 15 L/min flow rate and 15 minutes run time.
- OHet72 NCs were prepared by the bottomup solvent-antisolvent precipitation method (Figure 2). Size and morphology was determined using Scanning Electron Microscopy (SEM) and ImageJ software (NIH).



*Figure 2*: Preparation procedure for OHet72 NCs.

• OHet72 NCs were suspended in saline (3mg/mL) in order to determine their aerosol performance in the selected nebulizer as described above.





Stage	Cutoff Diameter (μm)
1	14.1
2	8.61
3	5.39
4	3.3
5	2.08
6	1.36
7 + MOC	0.98





*Figure 5*: SEM image of OHet72 NCs

**Figure 1:** Structure of OHet72



RESULTS

## **Comparison of Aerosol Performance:** Sodium Fluorescein vs. OHet72 NCs



• The PARI LC STAR® nebulizer generated aerosols with smaller droplets and a more homogenous size distribution than the Hudson UP-DRAFT II® OPTI-NEB® nebulizer and Aeroneb® Lab nebulizer; thus, would be more suitable to use in efficacy studies in TB infected mice.

# REFERENCES

1. Tuberculosis (TB). <u>https://www.who.int/news-room/fact-sheets/detail/tuberculosis</u>. 2. Garcia-Contreras, L. & Yadav, K. S. Inhaled Formulation Design for the Treatment of Lung Infections. Curr Pharm Des 21, 3875–3901 (2015). 3. Ibrahim, M., Verma, R. & Garcia-Contreras, L. Inhalation drug delivery devices: technology

4. Garcia-Contreras, L. & Hickey, A. J. Pharmaceutical and biotechnological aerosols for cystic fibrosis therapy. Adv Drug Deliv Rev 54, 1491–1504 (2002).

5. Mic, F. A., Molotkov, A., Benbrook, D. M. & Duester, G. Retinoid activation of retinoic acid receptor but not retinoid X receptor is sufficient to rescue lethal defect in retinoic acid synthesis. Proc Natl Acad Sci U S A 100, 7135–7140 (2003).

# ACKNOWLEDGEMENTS

Research reported in this publication was supported by the National Institute of General Medical Sciences of the National Institutes of Health under Award Number P20GM103648 and through the Oklahoma Center for Respiratory and Infectious

> **Oklahoma Center for Respiratory** and Infectious Diseases

