

An aerial photograph of a city at sunset. The foreground shows a university campus with green lawns, trees, and a red brick walkway. In the background, a dense urban skyline is visible under a warm, golden light from the setting sun. A dark red banner with white text is overlaid in the center.

VALUES AND ETHICS ACTIVITY



TAKE A COUPLE OF MINUTES TO REVIEW THE ETHICAL PRINCIPLES FOR YOUR DISCIPLINE'S CODE OF ETHICS



REVIEW THE ETHICAL DILEMMA



WORK WITH YOUR TEAM TO CHOOSE A PATH, THEN CLICK THE CHECKMARK TO DISCOVER THE OUTCOMES

Ethical principles to consider: confidentiality, autonomy, relationships with patients, relationships with peers, integrity, professional growth, justice, and social needs

OMAR IS A 17 YEAR OLD MALE WITH A CHRONIC ILLNESS. WHEN MEETING WITH HIM INDIVIDUALLY, HE DISCLOSES THAT HE IS CONSIDERING AN HERBAL SUPPLEMENT KNOWN TO CAUSE OPIOID- AND STIMULANT-LIKE EFFECTS. HE READ ABOUT IT ONLINE. IT DOES NOT HAVE EVIDENCE SUPPORTING ITS USE OR SAFETY DATA AVAILABLE. CHOOSE A PATH BELOW WITH YOUR NEXT STEP.

PATH A (CONFIDENTIALITY):

YOU PROMISE OMAR TO
KEEP HIS SECRET

*FACILITATORS, CLICK THE CHECKMARK
TO ADVANCE TO PATH A*



PATH B (DUTY TO WARN):

YOU EXPRESS CONCERN AND
URGE OMAR TO CONSIDER SAFER
OPTIONS AND POTENTIALLY INVOLVE
HIS PARENTS

*FACILITATORS, CLICK THE CHECKMARK
TO ADVANCE TO PATH B*



PATH A: YOU PROMISE OMAR TO KEEP HIS SECRET

OUTCOME ONE

OMAR IMPROVES AFTER STARTING THE SUPPLEMENT. YOU MAINTAIN TRUST AND BUILD A STRONG RELATIONSHIP. HOWEVER, YOU CARRY THE BURDEN OF KNOWING POTENTIAL DANGERS REMAIN UNADDRESSED.



*CLICK THE CHECK AFTER
DISCUSSING BOTH OUTCOMES*

OUTCOME TWO

OMAR SUFFERS SERIOUS COMPLICATIONS FROM THE SUPPLEMENT. YOU MUST DECIDE WHETHER TO REVEAL HIS SECRET, POTENTIALLY DAMAGING OMAR'S TRUST OR ALLOWING FOR FURTHER NEGATIVE OUTCOMES BY WAITING.

PATH B: YOU ENCOURAGE OMAR TO CONSIDER SAFER OPTIONS AND TELLING HIS PARENTS

OUTCOME ONE

OMAR IS ADAMANT ABOUT PURSUING THE HERBAL SUPPLEMENT BUT AGREES TO DISCUSS WITH HIS PARENTS. THIS STRENGTHENS YOUR RELATIONSHIP WITH OMAR BUT INTRODUCES POSSIBLE PARENTAL PRESSURE.



*CLICK THE CHECK AFTER
DISCUSSING BOTH OUTCOMES*

OUTCOME TWO

OMAR'S PARENTS PRESSURE YOU TO TAKE A STRONGER ACTION AGAINST HIS PLANS. YOU MUST NAVIGATE PARENTAL AUTONOMY VS PATIENT AUTONOMY AS WELL AS A POSSIBLE LEGAL ISSUE.

REFLECT

ETHICAL PRINCIPLES TO CONSIDER: CONFIDENTIALITY, AUTONOMY, RELATIONSHIPS WITH PATIENTS, RELATIONSHIPS WITH PEERS, INTEGRITY, PROFESSIONAL GROWTH, JUSTICE, AND SOCIAL NEEDS

1

IF OMAR'S CHRONIC CONDITION WERE LIFE-THREATENING, WOULD THAT ALTER YOUR DECISION PATH? WHAT IF IT WERE A COMMUNICABLE DISEASE?

2

WHAT ETHICAL PRINCIPLES SEEMED TO BE THE MOST CHALLENGING TO UPHOLD IN THIS SITUATION?

3

HOW CAN UNDERSTANDING DIFFERENT PERSPECTIVES (I.E. THE PATIENT'S, PARENTS' OR PROFESSIONAL'S) AFFECT YOUR CHOICES?

4

WHAT WOULD YOU CONSIDER TO BE BEST PRACTICES IN CONDUCTING THESE CONVERSATIONS WITH YOUR COLLEAGUES?

5

IS THERE ANOTHER PATH YOU WOULD HAVE LIKED TO TRY?



CLICK THE CHECK TO TRY THE OTHER PATH