

SAME/FAME Self-Advocates/Family Advocates as Medical Educators Project

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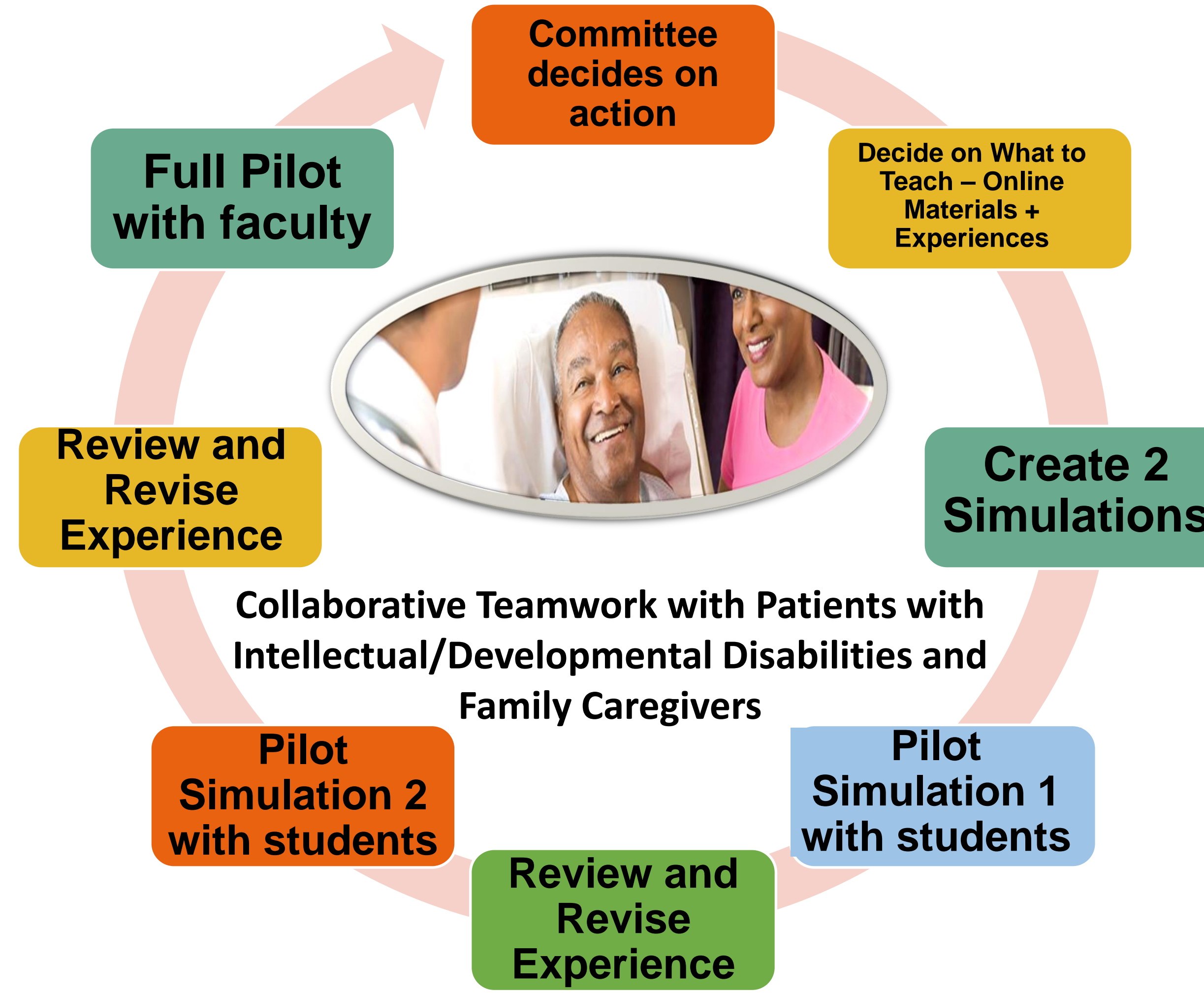


Background: Why Do This Project?



- People with intellectual/developmental disabilities (I/DD) have more challenges in getting the healthcare they need.
- When people with I/DD get sick and use healthcare, they are more likely to have worse outcomes than people without I/DD do.
- Patients with I/DD do better with a team approach to health care, when they and their caregivers, if they have them, are included in the health care team.
- Healthcare students and professionals may not have the knowledge, skills, or positive attitudes they need to include patients with I/DD and family members (who are often the long-term caregivers) in the care plan and health care team.

Methodology: Course/Simulation Planning Activities



Highlights of Findings and Next Steps

- Partnering with people with I/DD, families, and faculty takes time and flexibility, but it can create effective training (100%).
- 100% of participants (3 pilot sessions, 13 participants total) "definitely agreed" that they would use the new ideas learned in their work and with patients with I/DD and family caregivers of patients with I/DD.
- Online training needs more advanced publicity; too much information to cover for pilot, but good for a full course; valuable resource materials for later use (90%)
- Debriefing experiences were very valuable (100%) - added to learning

PLAN: Revamped online materials; will conduct additional pilot in 2021; plan to provide as part of interdisciplinary simulation activities offered through the University of Oklahoma Interprofessional Education Office.

SAME-FAME PROJECT

- **Team-Based Learning format**
- **Taught by advocates with I/DD, family members, and interdisciplinary faculty**
- **Interdisciplinary student teams participate**
- **Online material and quiz**
- **Team-based activities onsite or virtually**
- **2 simulation exercises for teams**
- **Debrief and reflection activities**

Teaming with Patients with I/DD and Family Caregivers

Knowledge	Skills	Attitudes
<ul style="list-style-type: none"> • General information about I/DD • Common life events of people with I/DD and family caregivers across the lifespan • Barriers to care for patients and family caregivers • Laws and systems that impact patients with I/DD and families • Patient-Centered & Family Centered Care for Patients with I/DD • Principles of Universal Design in Healthcare 	<ul style="list-style-type: none"> • Communication • Universal Design • Time Management • Teamwork • Problem Solving • Advocacy 	<ul style="list-style-type: none"> • We are more alike than different • Patient is expert on own quality of life • Patients with I/DD and family caregivers are team members • Respect all team members • Self-determination and access to life in the community is a right • Honor expertise of patients with I/DD • Honor expertise of family caregivers • Practice Cultural Humility

Thank you to our partner organizations, self-advocates/families, & student & faculty participants!



For More Information

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